

The Study of Student's Time Management Practice in Eastern University of Sri Lanka

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Abstract

Time management refers to a range of skills, tools, and techniques used to manage time when accomplishing specific tasks, projects and goals. Therefore, this study has identified the level of student's time management practice in four faculties of Commerce & Management, Arts & Culture, Science, and Agriculture. Hence, the research objectives are to identify the level of time management practices and to find out the differences in the level of time management practices in four faculties of EUSL. The research was tested through independent variables such as propensity to plan & time attitude, peer influence & presenting work, mechanisms of time management, preference for organization & perceived control over time whereas the level of time management practice is considered as a dependant variable. Disproportionate stratified sampling method has been used in this study. 206 sample were taken. The structured questionnaire was administrated to collect the data. It was analyzed by using univariate and bivariate analysis. Overall time management practice demonstrates high level simultaneously when comparing with the overall time management practice Faculty wise. Arts & Culture, Science and Agriculture have high level of time management practice while faculty of Commerce & Management has moderate level time management practice. Finding of the study will be important in understanding empirical knowledge regarding the concept of time management from the student's perspectives.

Key words: Time Management, Students, Eastern University.

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